TCA PEEL CONSENT FORM

The TCA (Trichloroacetic acid) Peel is a Medium Chemical Peel. Medium chemical peels are highly effective in promoting skin smoothness and vitality. Basically, a solution of TCA is applied to your skin where it burns the upper layer of skin to a predetermined depth. After a few days, the burned skin becomes leathery and eventually sloughs off, revealing healthy, flushed, youthful skin underneath. A TCA peel can improve the overall color and freshness of your face while evening out your skin tone and texture. It can also help reduce the visibility of age spots and fine wrinkles and improve blotchiness and, in some cases, dark circles under the eyes. Since TCA peels are medium peels (as opposed to deep peels), they are safe for people with olive and light brown skin. They have also been successful on darker skin tones, but the risk of discoloration is higher, the darker the skin tone.

How to Prepare for a TCA Peel
If you properly prepare your skin for your TCA peel, your peel will penetrate more deeply, giving you longer-lasting results. Proper preparation can also help speed up your recovery time and lower your risk of discoloration. Start six weeks to a month out by applying a product containing tretinoin daily. The tretinoin is a derivative of vitamin A and will help you shed your outermost layers of skin, resulting in deeper penetration of the TCA and will also stimulate your skin to regenerate more rapidly. If your skin tone is darker, a bleaching agent may also help even out the effects of a TCA peel.

Post Peel:
Healing is usually painless with no discomfort.
The skin may feel tight for 1-2 days before it peels.
Peeling usually last 2-3 days, some flakiness may last longer.
Some swelling may occur, usually around the eye area.
Skin may become itchy.
In rare occasions, a Herpes breakout may occur. If you have a history of cold sores /herpes, an anti viral may be prescribed 3 days prior to treatment. If you develop a breakout post treatment contact us immediately.

For Optimal Results and Healing:
DO NOT PICK, RUB, SCRATCH or FORCE any skin off.
Avoid sun exposure and SPF is a MUST.
Wash face with a gentle cleanser only.
Use a mild moisturizer and keep skin well hydrated.

I hereby declare that I have read and fully understand the information explained to me in this consent form. No guarantees were made regarding the results or potential risks. All my questions have been answered in a satisfactory manner and I give my consent for Dermatology Associates to perform the TCA Peel. I understand the need to follow the post peel instructions and to return as directed for follow-up appointments and instructions.

I agree that pre- & post-operative clinical photographs and videos may be taken to monitor my treatment progress and for patient educational purposes. I understand that my identity will be protected.
I certify that I have read and understand the contents of this consent form. I have been given the opportunity to ask the doctor/staff any questions that I have about the procedure, and all of my questions have been answered. The doctor/staff has explained the procedure and its alternatives to me, and I both understand and accept the risks involved in this procedure.

Signature__________________________________________________     Date____________

Print Name________________________________________________